

WELCOME!

POWER CENTER
ACADEMY
ATHLETIC DEPT



SIGN IN AND UPDATE INFO

- Please sign in to the sign in sheet and update your current information.
- Please do the following:
 - 1. Pick up an agenda.
 - 2. Receive child folder from specific grade section.
 - 3. As you wait, please start filling out the paperwork inside the folder.

INTRODUCTION OF COACHES

2014-2015

'14-'15 COACHES + SPORTS

SPORT	COACH	SEASON
Cross Country	Newman/Bernhardt	Fall
Girls Soccer	Mueller	Fall
Golf	Hobbs (Gtown)	Fall
Freshmen Volleyball	Henry (Gtown)	Fall
Boys Rugby	Young	Fall/Spring
Bowling	Roebuck	Fall/Winter
Boys Basketball	Smith	Winter
Freshmen Boys Basketball	Bernhardt	Winter
Girls Basketball	Johnson	Winter
Track and Field	Newman/Bernhardt	Spring
Baseball	Hobbs (Gtown)	Spring
Softball*	Vickers/Saliba	Spring (In Progress)
Boys Soccer*	Moody	Spring (In Progress)
Tennis*	Johnson	Spring (In Progress)
POM and CHEER	Marvell	Year Round

CO-OP GERMANTOWN HIGH SCHOOL

- Volleyball (Freshmen Only this year)
- Golf
- Baseball
- Football – Starting in Spring

- **Highly Possible New Sports this year:**
- Softball – Vickers, Saliba
- Tennis – C Johnson
- Boys Soccer - Moody

TSSAA AND SCIAA

- **TSSAA** – Tennessee Secondary School Athletic Association
- **SCIAA** – Shelby County Intercollegiate Athletic Association

FACILITY UPDATES

- Ridgeway Assembly of God
 - Address: 3150 Ridgeway Rd, Memphis, TN 38115
 - Nueva Vida – TENTATIVE
 - Address: 4945 Winchester Rd, Memphis, TN 38118
 - Wooddale Middle School – TENTATIVE
 - Address: 3467 Castleman St, Memphis, TN 38118
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- Late Fall early Winter the New facility will begin being built in the parking lot to the left.

ATHLETIC HANDBOOK OVERVIEW

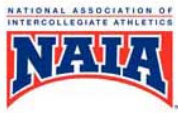
GO TO ATHLETIC WEBSITE TO SEE ENTIRE BOOK.

NEW ACADEMIC REQUIREMENTS

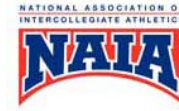
- Athletic Grade Reports and Study Hall
 - Pulled Each Monday
 - Any students with 2 or more D's and any F's
 - Mandatory Attendance from 4-5 p.m.
 - Coaches host study hall
- Athletic Academic and Behavior Meetings:
 - Freshmen – 1 + per year
 - Sophomores 2 + per year
 - Juniors – 3 + per year
 - Seniors – 4 + per year

ACT Saturday Tutoring

- Juniors/Seniors required to go to 4+ per year.
- Every Saturday after Labor Day at PCAHS.



COLLEGE LEVELS



- **Eligibility Requirements for all associations below.**
- **Junior and Senior Parents – Register by End of August**
- **NCAA** - National Collegiate Athletic Association
 - Division 1 – Full/Partial Scholarships
 - Division 2 - Full/Partial Scholarships
 - Division 3 – Often overlooked Do not offer athletic scholarships, but some schools receive grants, etc.
 - 4 – year programs
- **NAIA** - National Association of Intercollegiate Athletics
 - 2 Divisions - Full/Partial Scholarships
 - Skill level at a NCAA D2 school or smaller D1
 - 4 – year programs
- **NJCAA** - National Junior College Athletic Association
 - 2 year program - Full/Partial Scholarships

PHYSICAL'S

- Physicals must be complete before first day of tryout or practice.
- Turn all physicals into Mrs. Johnson.
- TSSAA physical forms – pick one up when you leave.
- **Well Child – Coming August 14th – must fill out a packet before you leave TODAY.**
- If your child received a physical last May from Well Child it is good for this whole school year. I have a list for you to verify if you want to check after the meeting.

NEW CONCUSSION LAW

- Concussion Forms.
- Fill out immediately.
- Keep signed copy in your folder.
- Take the information about the law home

WEBSITE AND COMMUNICATION WITH PARENTS

- Website – pcahsathletics.weebly.com
- *(navigating the website)*
- Twitter - @PCAHSathletics
- *(used for major weekly updates and changes in schedule, athletes of the week)*
- Google Calendar
- *(go to website and request access link)*

- **Johnson's Info:**
- E-mail: ethiessen@powercenteracademy.org
- Phone/Text: 316-992-9188

ATHLETIC FEE

- \$150 athletic fee per child.
- One flat fee. It doesn't matter how many sports your child plays.
- Due at sport season
 - Fall – Sept 5th
 - Winter – Nov 7th
 - Spring – March 6th
- Make payments to Mrs. Johnson or to that specific coach. If you need a payment plan – Mrs. Johnson will set one up specifically for you!
- What do we use this money for?
 - Payment for facilities.
 - Payment for security.
 - Payment for referees.
 - Transportation for athletes.

FUNDRAISERS AND EVENTS

- **August** – Athletic Apparel and Redbirds
- **September** – Powder Puff Football and Spring Pledge Drive (*Social Media Help!!*)
- **October** – Talent Show
- **November** – Corky's BBQ and Teacher Student Faculty Game and Blue and White Scrimmage
- **January** – Homecoming
- **February** – Valentine Day's Dance – Tentative
- **March** – Spring Dinner and Silent Auction
- **April** – Intramurals
- **May** – TBA
- ***If you are interested in helping with a fundraiser above please e-mail or call Mrs. Johnson ASAP!***

'14-'15 FUNDRAISER

- The athletic department (which includes coaches, parents, and athletes) raised over **\$35,000** in fundraisers last year.



ATHLETIC GEAR

- T-shirts \$10
- Long Sleeve \$15
- Tank Tops \$10
- Hoodies \$25
- Scarf \$15
- Beanie Hat \$12
- Sweatpants \$20
- License Plate \$10



SCARF \$15

BEENIE



NAVY FRONT



NAVY BACK



SWEAT-PANTS NAVY ONLY

WHITE FRONT



WHITE BACK



GRAY DESIGN FRONT ONLY



NEW DEADLINE! SEPT 5TH!

QUESTIONS? COMMENTS?

- Please call or e-mail Mrs. Johnson anytime you need anything!